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|  **SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY** **SAULT STE. MARIE, ONTARIO**New Logo - College BWCOURSE OUTLINE |
| **COURSE TITLE:** | **Kitchen Operation II** |
| **CODE NO. :** | **KAP111** | **SEMESTER:** | **2** |
| **PROGRAM:** | **KITCHEN ASSISTANT PROGRAM** |
| **AUTHOR:** | **Sarah Birkenhauer B.Sc.****Professor of Culinary & Hospitality****(705) 759-2554 Ext.2588****sarah.birkenhauer@saultcollege.ca** |
| **DATE:** | May 2016 | **PREVIOUS OUTLINE DATED:** | May 2015 |
| **APPROVED:** | “Angelique Lemay” | June/16 |
|  | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**DEAN** | **\_\_\_\_\_\_\_****DATE** |
| **TOTAL CREDITS:** | 7 |
| **PREREQUISITE(S):** | KAP101 |
| **HOURS/WEEK:** | 8 |
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| *For additional information, please contact Angelique Lemay, Dean,* |
| *School of Community Services, Interdisciplinary Studies, Curriculum & Faculty Enrichment* |
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| **I.** | **COURSE DESCRIPTION:**The course will give the students an experience in an “a la carte” cookery in an operating food establishment environment. |

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| **II.** | **LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:** |
|  | Upon successful completion of this course, the student will demonstrate the ability to: |
|  | 1. | **Produce, on an a la carte basis, the following items in an operating food establishment – A La Carte Introduction**  |
|  |  | Potential Elements of the Performance:* Practice food preparation cookery methods with emphasis on quality, sanitation, and hygiene standards for large quantities in a ‘table service’ restaurant
* Produce food products to industry standards following the sanitation and hygiene code regulations
* Recall cookery methods and apply those methods to a variety of food products according to selected menus
* Produce a menu of various classical, contemporary and ethnic dishes (e.g. French – modern and regional; Italian – regional; Asian – Chinese, Japanese, Thai, Indian; North American – regional) following standard recipes using menu planning skills
* Describe the role of the Chef de Cuisine and the various party functions in an a la carte kitchen (such as saucier, garde-manger, entremetier, poissonier, rotissier, patissier)
* Articulate instructions and provide guidance to food service staff, kitchen staff, and support staff
* Demonstrate oral skills that will result in the successful production of the planned menu
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|  | 2. | **Prepare Appetizers** |
|  |  | Potential Elements of the Performance:* Practice and demonstrate various techniques of appetizer preparation for volume function. This will include neatness, balance, quality, portion size, garnish, time and convenience.
* Prepare various side dishes that are tempting and smart in appearance with small portions, using skill and originality in combination with garnish. Organize a small portion of hot or cold appetizers of varied scope in design and arrangement.
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|  | 3. | **Prepare Soups** |
|  |  | Potential Elements of the Performance:* Demonstrate the method of preparation for different types and classifications of soups
* Produce soups of different types
* Utilize different stocks in preparing the different classifications of soups
* Demonstrate the care and handling of stocks used as a foundation in preparing soups
* Prepare selected national soups and garnishes
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|  | 4. | **Prepare Salads** |
|  |  | Potential Elements of the Performance:* Use different salad greens and vegetables
* Identify the names, establish quality, demonstrate their various uses and signify their best condition for salad preparation
* Prepare four basic parts of a salad, demonstrating eye appeal, flavour, texture, colour and body by combining them into various salads
* Prepare non-salad items, main course salads and fruit salads in a visually appealing manner.
* Prepare various dressings, flavoured oils and vinegars to accompany the salads in harmonious combination
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|  | 5. | **Prepare Vegetables**Potential Elements of the Performance:* Identify, cook and present a variety of fresh and frozen vegetables following correct methods of sanitation and safety rules
* Perform the following tasks with vegetables: select, handle, clean, cut, blanch, boil, stew, sauté, bake, stuff, roast, deep fry, braise, glaze/gratinate, turn, puree
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|  | 6. | **Prepare Potatoes/Farinaceous**Potential Elements of the Performance:* Cook and present fresh potatoes following the correct methods of sanitation and safety rules
* Perform the following tasks with potatoes (alternate starches or farinaceous products such as rice or pasta maybe used where appropriate): handle, clean, cut, blanch, boil, steam, sauté, stuff, deep fry, puree, roast., glaze/gratinate, turn, and bake
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|  | 7. | **Prepare Entrees: Fish, Meat and Poultry**Potential Elements of the Performance:* Demonstrate various techniques for the production of entrees with emphasis on quality, sanitation and safety standards
* Perform various tasks such as: grill, broil, glaze, braise, sauté, roast, bake, steam, blanch, pan-fry, puree, stuff, bone, trim and portion
* Serve a finished product, keeping in mind taste and portion size, with neat appearance utilizing contemporary plating techniques.
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|  | 8. | **Name and demonstrate the use of all equipment used in an a la carte kitchen**Potential Elements of the Performance:* Identify, name, use, dismantle, clean, reassemble with efficiency and safety:
	+ slicers, food processors, stoves, salamander, grill, ovens, steam units, kettles, deep fryers (electric and gas), meat grinder, tilting fryer, potato peeler and dishwasher
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|  | 9. | **Perform team functions**Potential Elements of the Performance:* Effective communication
* Show ability to be delegated as a team member
* Create positive work environment
* Observe proper sanitation and safety rules including, cleaning, dishes, storage, preparation
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| **III.** | **TOPICS:**1. A La Carte Introduction
2. Appetizers
3. Soups
4. Salads
5. Vegetable
6. Potatoes/Farinaceous
7. Entrees: Fish, Meat & Poultry
8. Equipment
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| **IV.** | **REQUIRED RESOURCES/TEXTS/MATERIALS:**Professional Cooking, 8th edition, Wayne GisslenDigital ThermometerDigital ScaleZesterVegetable PeelerParing KnifeChanel KnifeBoning KnifeBread KnifeSteelChef Knife 6”-10”Piping Bag with appropriate tipsSturdy Non-slip Shoes White Chef Jacket with nameCheckered Chef’s PantsChef's HatApronClean Hand TowelsNeck TieHair Net  |

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| **V.** | **EVALUATION PROCESS/GRADING SYSTEM:**The lab assignment includes the following:* Gathering of utensils and raw materials
* Pre-preparation of the assigned items
* Preparation (cooking, baking) of the items
* Proper storage of the ready items including packaging, refrigeration, and freezing
* Cleaning of utensils, equipment, work areas, and cooking surfaces. No mark will be assigned until work areas are clean
* Putting all utensils and small wares into their allocated places
* No student is to leave the lab area until the end of the period

With the help of the above, students will be **graded in the labs** as follows:**Observation of Work Hours: 15%*** Attendance
* Appropriate Groom and Dress
* Compliance with Company Rules

**Safety Habits: 15%*** Organization of work area
* Proper use & cleaning of tools
* Proper handling of food product

**Knowledge of Work: 15%*** Quality of Work
* Quantity of Work
* Pre-class Preparations

**Work Rhythm (pace) 15%*** Quantity of work
* Pace of preparation
* Pace of clean-up

**Operation & Care of Equipment 10%*** Attention to Duties
* Decision Making (as applied to job

**Job Flexibility: 20%*** Accepts Direction from Others
* Attitude Toward Supervisor
* Amount of Supervision Required
* Interaction with Co-Workers
* Ability to Learn Required Tasks

**Reaction to Frustration: 10%*** Effectiveness Under Stress
* Adjust to and Accepts Changes

**TOTAL 100%**  |
|  | The following semester grades will be assigned to students in postsecondary courses: |

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|  | Grade | Definition | Grade Point Equivalent |
|  | A+ | 90 – 100% | 4.00 |
|  | A | 80 – 89% |
|  | B | 70 - 79% | 3.00 |
|  | C | 60 - 69% | 2.00 |
|  | D | 50 – 59% | 1.00 |
|  | F (Fail) | 49% and below | 0.00 |
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|  | CR (Credit) | Credit for diploma requirements has been awarded. |  |
|  | S | Satisfactory achievement in field /clinical placement or non-graded subject area. |  |
|  | U | Unsatisfactory achievement in field/clinical placement or non-graded subject area. |  |
|  | X | A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course. |  |
|  | NR | Grade not reported to Registrar's office.  |  |
|  | W | Student has withdrawn from the course without academic penalty. |  |

If a faculty member determines that a student is at risk of not being academically successful, the faculty member may confidentially provide that student’s name to Student Services in an effort to help with the student’s success. Students wishing to restrict the sharing of such information should make their wishes known to the coordinator or faculty member.

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| **VI.** | **SPECIAL NOTES:** |
|  | Attendance:Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session. It is the departmental policy that once the classroom door has been closed, the learning process has begun. Late arrivers will not be granted admission to the room.Attendance is one of the most important components of the Lab. Therefore, **ANY student who misses more than 3 labs in one semester will be issued an “F” grade** unless extenuating circumstances occur – it is at the professor’s discretion. **LAB Absence**:If a student is unable to attend class for medical reasons on the date assigned, the following procedure is required: * In the event of an emergency on the day of class, the student may require documentation to support the absence and must telephone the College to identify the absence. The college has a 24 hour electronic voice mail system (759-2554) Ext. 2588.
* The student shall provide the Professor with advance notice preferably in writing or e-mail of his/her need to miss the class with an explanation which is acceptable to the professor.
* The student may be required to document the absence at the discretion of the Professor.
* With satisfactory documentation the student is responsible to make arrangements, immediately upon their return to the College to make-up the missed lab.

**Dress Code:**All students are required to wear their uniforms while in the Hospitality and Tourism Institute, both in and out of the classroom. **(Without proper uniform, classroom access will be denied)** |
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| **VII.** | **COURSE OUTLINE ADDENDUM**The provisions contained in the addendum located in D2L and on the portal form part of this course outline. |